



## Team Whippet

### Rays of Sunshine children's charity

During a 'BeSocial' event back in November, the girls and myself starting chatting about Rays of Sunshine. It had been sometime since either of the Bristol centre's had made a substantial effort with the fund raising. After putting our heads together and after a few drinks we came up with the slightly crazy idea of doing a half marathon! Obviously at the time we had no idea quite how hard running 13.1 miles would be!

We started training regularly and letting the clients know of our intentions – many of them found it incredibly funny but to our surprise we had a couple of WestPoint clients even ask if they could join our team! There were 7 in the team in total; myself, Laura Raschka, Claire Dibble, two friends and two clients being Martin Coggan and Nick Hughs.

After months of training the day finally came. The weather on the day was perfect for running being not too cold and slightly overcast.

The atmosphere in Bath was AMAZING! It was all very exciting and we were all rearing to go. As the race started we were all in very high spirits and were having a great time - at about mile 5 we realised it was time to start taking it seriously! It was definitely harder than we all imagined – but at the same time definitely worth the pain!

We received a tremendous amount of support from clients at both centres, Head Office and other BE staff, plus our friends and families.

Written by Cathy Symonds



In total £3,284.92 was raised – Well done to everyone involved!